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FACE MASKS

Face masks are used in conjunction with fixed appliances to correct underbites.

It is a relatively easy appliance to wear and patients are able to place and remove the face mask on their own.

It is attached with elastics that should be changed daily. If you lose your package of elastics, please call the office or stop in for more.

The face mask should be worn at least 8 hours per day (bedtime is the easiest).

It is very important to wear the face mask every night. **The more the face mask is worn, the faster it works to correct the underbite.**

Some patients experience skin irritation from the chin cup. This can be relieved by placing soft absorbent non-allergenic cotton or a 100% cotton sock over the chin cup. A hydrocortisone cream may be used on the chin.

Please bring the face mask with you for each appointment so it can be checked and adjusted as necessary.